



WEEK 1

CORE IDEA: Follow Jesus – I live like Jesus lived.

Welcome to our family guide of our Follow series, where we are looking at how Jesus lived and the example that He set to show us how to live. We are so excited to do the same themes over a period of 6 weeks in the children’s ministry, and to discover the same things that Mom and Dad do in church, for example: how to be more like Jesus, just like the disciples followed Jesus and learnt from Him! They followed His example by caring for people and to show love to others. Paul encouraged the Corinthians in 1 Corinthians 11:1: “Follow my example, as I follow the example of Christ.” (NLT)

We can literally say that Jesus left His “footprints” in the Bible, so we can follow in them. In this week’s Bible story, we looked at the disciples who followed in Jesus’ footsteps, after Jesus rose and ascended to heaven. Jesus, on many occasions, referred to the upside-down Kingdom of God, because it was so different, or opposite to what the world shows or expects from us.

In the same way Jesus showed the disciples how to live, Jesus came to show us who we are and how we should live. Jesus was not just an

example for us, but He was an example OF us, our original design, made and created in the likeness and image of God! Our heart is that children will realise that Jesus had already placed everything inside them to follow Him and to live according to His Kingdom principles, upon the earth. May you as a family find the footprints of Jesus and follow them.

FAMILY TIME!

Activity: Jesus' footprint Bookmark

Materials:

- Footprint copy on card or paper.
- Colour crayons
- Decorations/stickers
- Scissors
- glue

For this week's activity, we want to challenge you to make a footprint bookmark. Copy the footprint on paper or card and cut it out. Write the characteristics of Jesus on the one side and how you are going to follow in His footsteps, on the other side. For example: To care, Love, Set Example, Prayer, Obedience. Decorate and place it inside your Bible or Daily Devotional booklet.

While you are busy with your bookmarks, talk about the following questions that will also help you write what you can do on your bookmarks.

- Jesus shows us that He cares, how can I show that I care at home/school/work?
- Jesus loves everyone, how can I show Jesus 'love at home/school/work?
- Jesus is trustworthy, how can I show others that I can be trusted at home/school/work?
- Jesus is a good example. How can I be a good example at home/school/work?
- Jesus gives me everything that I need, how can I use my talents for the Kingdom of Jesus?

TALK ABOUT IT

Read the following verse and the talk about the questions below:

1 John 2:6 - Whoever claims to live in Him must live as Jesus did. (NIV)

Questions:

1. What does it mean to be made in the image and likeness of God?
2. If Jesus says we must follow His example, what does it look like?
3. Where do we learn more about Jesus' example? How can you as a family make time to learn more about the example of Jesus?

Family Prayer Time:

Thank You Jesus that You came to the earth to restore our relationship with God, and that we may be everything that You made us to be, just like You showed us by Your example. Help us not just to talk about what Your heart's desire for us is, but to live according to those principles every day. We love you very much.

Amen.